

SUNNFJORD OUTDOOR 2011

Thursday 11 August

Mt. Vindkjegla and Mt. Kringla in Naustdal
(688 m.a.s.)



A hike to the summit of Mt. Vindkjegla high above Førdefjorden. Take a packed lunch and your camera! The trip starts at marked trail from the centre of Naustdal, near the parkingplace. Parts of the hike go along woodland side roads, but most of the trip is on nature trails. At the summit we are rewarded with a spectacular view over the innermost reaches of Førdefjorden, Heilefjellet and 4 neighbouring municipalities. Return via Mt. Kringla and Kringla Farm.

If you like, the trip can be rounded off with a swim at the picturesque picnic/bathing spot - Sanden in Naustdal township centre.

- Starting time:** 10.30am
Start and
Parking: By the community house in the centre of Naustdal, next by Coop.
Equipment: Normal, sturdy mountain boots /hiking shoes.
Duration: 5,5 Hours.
Price: Nkr 50 per person, children under 12 years is free.
Please pay direct to the guide.
Registration: No later than 6pm the day before to the guide.
Guide: Jan Erdal, tel. +47 97 79 42 52.

More info, call Førde Tourist
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