

SUNNFJORD OUTDOOR 2011

Saturday 13 August

Rafting in Jølstra



Don't miss the chance to experience a trip with one of Scandinavia's best and most exciting rafting companies. Get the adrenalin racing negotiating long, action-packed rapids with alluring names such as the "Pearly Gate", "The foaming white dream" ...and many more – all trips travelling through a luxuriant, green wonderland

After the trip

Fact sheet: The trip does not require any training beforehand as instruction is given before starting. All equipment such as wet suits, spray jackets, rafting shoes, life jackets, helmets and not least skilled guides are provided, but it is a good idea to take a change of underwear and a towel as you might get thoroughly drenched ...

Time: 2pm

Duration: Rafting for 3-4 hours. Barbeque and swimming if you want to.

Price: Nkr 850 per person. Food and hot tub is extra, please see more information at our webpages. Please pay direct to the company.

Start and

Parking: Meet up at Solrenning Camping at Vassenden, by the lavvo (300 metres from the bridge on the south side of the lake).

Registration: **Tel. +47 90 06 70 70, not later than the day before at 6pm.**

post@jolster-rafting.no

Guide: Jølster Rafting AS.

More info, call Førde Tourist

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www.sunnfjord.no